

Reception 3D PSHE Overview

Lesson 1 - Hide and Seek

- Shows sensitivity to others' needs and feelings and forms positive relationships with adults and other children (ELG 2021)
- Knows when to say 'Thank you' and 'Sorry'

Lesson 3 - I like...

- Confident to speak to others about own needs, wants, interests and opinions (DM 40-60 months)
- Knows personal likes, dislikes and preferences

Lesson 5 - What a Problem

- Beginning to be able to negotiate and solve problems without aggression (DM 40-60 months)
- Joins in and enjoys a range of activities
- Works together cooperatively towards common goals

Lesson 6 – Take the Plunge

- Confident to try new activities (ELG 2021)
- Says when they do or don't need help (ELG 2021)

Lesson 9 - Stick to the Rules

Works as part of a group or class, and understands and follows the rules (ELG 2021)

Lesson 10 - Rainy Days

- Takes account of one another's ideas about how to organise an activity (ELG 2021)
- Confident to speak in a familiar group (ELG 2021)
- Talks about their ideas (ELG 2021)

Lesson 12 - Clean and Tidy

• Talks about their own and others' behaviour and its consequences (ELG 2021) Understand the importance of personal hygiene

Lesson 15 - One Gold Star

- Can describe self in positive terms and talk about abilities (DM 40-60 months)
- Recognises their achievements and what they are good at

Lesson 18 - A Piece of Cake

- Asks appropriate questions of others (DM 40 -60 months)
- Chooses resources they need for their chosen activities (ELG 2021)

Lesson 21 - Getting in a Knot

Says when they do or don't need help (ELG 2021)

Lesson 22 – E-Safety, Be Safe

- Says when they do or don't need help (ELG 2021)
- Knows how to make good decisions
- Begins to develop an awareness of E-safety

Lesson 23 - Eid Mubarak





- Explains own knowledge and understanding (DM 40-60 months)
- Shows sensitivity to others' needs and feelings and forms positive relationships with adults and other children (ELG 2021)

Lesson 24 – Playtime Games

- Talks about their own and others behaviour and its consequences (ELG 2021)
- Plays cooperatively and learns to take turns