


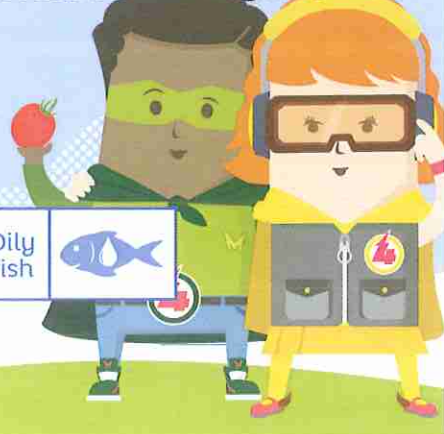



Spring Summer 24 – Week One


15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct


WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	All Day Pork Sausage Breakfast served with Baked Omelette, Country Diced Potatoes & Baked Beans or Sweetcorn	Chicken Pie & Mashed Potatoes	Creamy Korma Style Chicken & Lentil Curry served with Mixed Rice 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option	Creamy Vegetable Penne Pasta Carbonara 	All Day Veggie Sausage Breakfast served with Baked Omelette, Country Diced Potatoes & Baked Beans or Sweetcorn	Veggiemince & Vegetable pie Served with Mashed potatoes (ve) 	Veggie chilli & Mixed Rice 	Cheese Flan or Quiche Served with Chips & Tomato Ketchup
Jacket/Filled Sandwiches	Jackets Potato	Sandwiches	Sandwiches	Jackets Potato	Sandwiches
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits (Ve) & Fruit Slices 	Iced Banana Traybake	Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice 	Chocolate Ice Cream


Available Daily: Pick & Mix Selection, Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt





Portion(s) of fruit or veg


Source of wholegrain


Contains plant-based proteins


50% fruit


Oily fish


Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

TEAM

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WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Macaroni Cheese	Summer Hot Dog Baguette or Summer Halal Hot Dog Baguette served with Freshly Made Coleslaw Salad 	Roast chicken served with Skin on Roast Potatoes & Gravy	Beef Bolognese/ Halal Beef Bolognese & Penne Pasta 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option	Vegetable Enchiladas (Ve) Served with a portion of Sunny Vegetable Rice 	Summer Veggie Hot Dog Baguette or Summer Halal Hot Dog Baguette served with Freshly Made Coleslaw Salad  	Quorn burger in a bun served with skin on wedges 	Wholemeal Cheese & Tomato Pizza served with Garlic Bread 	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
Jacket/ Sandwiches	Jacket Potato	Sandwiches	Sandwiches	Jacket Potato	Sandwiches
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Ginger & Mandarin Traybake 	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger (Ve) With a fresh slice of Watermelon 	Homemade Shortbread Biscuits (Ve)

Available Daily: Pick & Mix Selection, Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

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Spring Summer 24 – Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges	Moroccan chicken served with vegetable rainbow cous cous 	Sticky BBQ Chicken With Vegetables served with Noodles 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option	Mildly Spiced Vegetable Chilli & Rice (Ve) 	Cheese & Onion Roll Served with Potato Wedges	Savoury Vegetable Mince & Gravy served with a Yorkshire Pudding & Skin on Roast Potatoes 	Sticky BBQ Quorn With Vegetables served with Noodles 	Homemade Cheese Tomato Pizza Whirl & chips
Jacket/Sandwiches	Jacket Potato	Sandwiches	Sandwiches	Jacket Potato	Sandwiches
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Baked Apple Sponge served with Custard 	Tutti Frutti Jelly and Mandarins (Ve) 	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)

Available Daily: Pick & Mix Selection, Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt



Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

